

CASE STUDY

I remember a time when I bullied someone. It was when I was in Year 5. I guess I bullied him because I was tired of everyone thinking I was a nobody. So one day we were outside at recess and I decided I would show everybody my true strength. A lot of my friends were telling me what I was doing was wrong, but I didn't care, I just wanted to feel the power. With my mind telling me 'no', I just went ahead and started picking on this kid for no reason. I picked on him until he gave me a good reason to hit him. In the blink of an eye I hit the boy because I wanted to. I was shocked because I hurt him. So I got suspended and came back a few days later.

When I came back I saw that he wasn't there; the teacher told me that he had left because of me. I felt bad because I had caused a big problem. My friends started to treat me differently and lost respect for me because of what I did. After that day I decided that bullying wasn't worth it.

Why did this student bully?

Describe how the student bullying seemed to be feeling at the time?

Describe how the student bullying felt about the student being bullied at the time he was bullying him?

Describe how the student bullying felt about the situation after he realised the other student had left the school?

What could the student who bullied have done instead if he was feeling down about himself?